



BOYS & GIRLS CLUBS
OF BLOOMINGTON



Ferguson Crestmont **PROGRAM GUIDE**

WINTER • February 6 – April 28, 2023

Dear Club Members and Families,

We are excited to present the Ferguson Crestmont winter program guide! This season we are excited to apply new skills and learn even more about how to be Caring, Productive, Responsible, Respectful, and Safe.

Please use this guide to help inform your member(s) about what to expect while at the Club this winter. The Club has so many options and your child may not be familiar with all of them! The back page has the afternoon schedule, so you can easily check the best pick-up time for your child.

Programs are subject to change or cancel due to staffing or low attendance and parents will be notified by email. Please feel free to contact us with any questions or concerns.



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IMPORTANT DATES

- January 2 CLUB CLOSED: New Year
- February 3 IN-SERVICE: Close at 5
- April 7 IN-SERVICE: Close at 5
- April 20 CLUB CLOSED: SMART Girls, STRONG Women Event
- May 22 - 26 Shut Down Week
- May 29 CLUB CLOSED: Memorial Day

PARENT COMMUNICATION

Parent Email: If you are currently not receiving the parent email each week, but would like to please email our Membership Desk Coordinator at fcdesk@bgcbloomington.org to be added to the email list. These emails include important information such as programming reminders, program highlights, and community resources.

Parent/Guardian Facebook Group: Join our Facebook group to see the latest activities at the Club and for quick updates! Search for "Ferguson Crestmont Club" in FB groups or visit: www.facebook.com/groups/fergusoncrestmontclub

Like us on:



AFTER-SCHOOL PROGRAM (3:00 - 7:00 PM)

BGCB's afterschool program provides enrichment and support to students after school. Transportation is provided by MCCSC for Fairview, Arlington, Marlin, Tri-North and Bloomington North. Activities are split into three ages groups: Kindergarten through third grade (K-3), fourth through sixth grade (4-6), and teens (7-12).

Time	Activities	
3:30 - 4:45 PM	Snack & Community Time	Members will receive a daily snack provided by Community Kitchen.
4:45 - 5:30 PM	Power Hour	Our Clubs help kids reach their greatest potential by offering tutoring, homework help, plus access to academic enrichment and college/career-readiness programs.
5:30 - 6:30 PM	Program Rotation	Program Rotations include a mix of interest- and needs-based Special Programs and High-Yield Activities to help youth achieve Academic Success, Good Character and Citizenship, and Healthy Lifestyles outcomes.
6:30 - 7 PM	Free Play / Closing Procedures	Members will have free play options and participate in Club closing procedures.

BREAK DAY CAMP (7:30 AM- 12 PM)/DROP-IN HOURS (12 - 6 PM)

Break Camps are offered on school breaks, outside of major holidays. Please see our annual calendar to plan for Break Day Camp participation. Break Camp are provided for an additional fee (\$20 per day) and run from 7:30 AM - 12 PM. Registration for Break Camp guarantees your child's placement in the Drop-In portion of the day. Drop-In hours are provided to members at no additional cost and run from 12 - 6 PM. Please note that Drop-In access is not guaranteed, even to members registered for the Drop-In program. The Club will communicate access individually as capacity allows. Registration will be posted on MyClubHub a month in advance. Scholarships available.

Time		Activities
7:30 - 9 AM	Break Day Camp (Registration & Separate Fee Required)	Drop-Off/Free Play Activities Breakfast provided by Community Kitchen until 9 a.m.
9 AM - 12 PM		Announcements & In-Club or field trip Activities
12 - 1 PM		Lunch provided by Community Kitchen
1 - 5 PM	Drop-In Hours (Included with Membership)	Special Programs & In-Club Drop-In Options
5 - 6 PM		Afternoon Stations/Pick-Up

HIGH-YIELD ACTIVITIES

High-Yield Activities provide youth with enjoyable experiences that are hands-on, interactive, intentionally develop critical thinking or other skills, and help them achieve positive outcomes in our three priority outcome areas: Healthy Lifestyles, Academic Success and Good Character & Leadership. High-Yield Activities appeal to young people's interests and their desire to play, and can even include some friendly competition. These activities remove the division between learning and playing. Most importantly, they are fun! Activities may include:

- Structured and free play activities in our five core program areas: Education, the Arts, Health & Wellness, Sports & Recreation, and Service & Leadership
- Dances, guest speakers, and special events
- On-the-spot fun, games, contests, or stunts

SPECIAL PROGRAMS

Special Programs are consistent, progressive activities meant to build on each week's learning. Descriptions are listed on the next few pages. Spots will be given on a first-come, first-served basis with priority given to pre-registered members (if applicable). Regular and consistent attendance is highly encouraged for these programs (and sometimes required to participate) so that all members may have a high-quality experience and get the most out of programming.

We may require registration if the program is particularly popular, requires fieldtrip(s), involves higher risk (i.e. skateboarding, biking programs, etc.), or covers sensitive topics (i.e. drug prevention, child safety, etc.). Community Partner programs may require additional forms to participate. Speak with your child about special program options and register on the MyClubHub parent portal if applicable.

If there are non-registration programs that are regularly waitlisting members, we will open registration and prioritize consistent attendees.

Register here:



Some programs require registration online at our parent portal:

bgcbloomington.force.com





K-3RD SPECIAL PROGRAMS

EDUCATION

Bridges

tba

A fun, interactive program that teaches members languages less commonly taught in schools. Members will learn the language and culture through games, crafts, and more.

THE ARTS

****Registration Required****

Ceramics

Tuesdays 5:30–6:30 PM

This program will introduce students to build with clay. Emphasis will be placed on the design elements: line, shape, texture, and color. Focus will be on the hand building techniques: pinch, coil and slabs. Functional as well as sculptural applications will be explored.

SPORTS AND REC

****Registration Required****

Club Riders

Fridays 5:30–6:30 PM

Explore the best of Bloomington on two wheels. Etiquette, safety, route planning and bike maintenance are covered through this program. Bikes and helmets provided.

EDUCATION

Lemonade Day

Mondays 5:30–6:30 PM

Lemonade Day is a fun, experiential program that teaches youth how to start and operate their very own business - a lemonade stand.

HEALTH & WELLNESS

Garden Club: Learn, Grow, Eat, & Go!

Mondays 5:30–6:30 PM

This Junior Master Gardener (JMG) program engages children in “hands-on” group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. JMG encourages youths to be of service to others through service learning, and leadership development projects and rewards them with certification.

SPORTS & REC

Circus

Thursdays 5:30–6:30 PM

Circus Club will teach circus skills to Club members through a series of hands-on circus acts, including juggling, plate spinning, devilstick manipulation, stilt walking and globe walking, plus more!

SPORTS & REC

****Registration Required****

Cutters Soccer

Thursdays 5:30–6:30 PM

Join the Club's Soccer Program collaboration with the Cutters Soccer Club's Community Outreach Program and learn different skills and positions from goalie to striker!

THE ARTS

Astounding Artists

Wednesdays 4:45–5:30 PM

In this program members will be able to explore different famous artists and recreate the works with their own personal twists. Members will learn different types of arts along with being able to create a portfolio for an end of session arts showcase.

HEALTH & WELLNESS

****Registration Required****

Cooking Club

Wednesdays 5:30–6:30 PM

Learn how to safely prepare food that is healthy and delicious while exploring cuisines from around the world.

HEALTH & WELLNESS

****Registration Required****

Self Care Club

Mondays 4:45–5:30 PM

Self Care Club will help students identify what stresses them out, define their boundaries, and help students advocate and take care of themselves! Broken up into two sessions, the first session will be about how to take care of your mind and the second session will focus on how to take care of your body. Sessions will include lessons on hygiene, like braiding hair or painting nails, yoga, art therapy, and more!



EDUCATION

Castle Masters

Tuesday & Wednesday 4:45–6:30 PM

Who will be the next Club Castlemaster? It could be you! Castle Masters will be a combination of chess mini-lessons, tips & tricks, and various chess themed games to teach members how to become a master of the pawns.

SPORTS & RECREATION

Triple Play: Daily Challenges

Wednesdays 4:45–5:30 PM

The “Body” component of Triple Play promotes becoming more physically active through a variety of games, cooperative activities, and sports that develop a young person’s ability, confidence and motivation to be physically fit.

SPORTS & REC

GRO Skateboarding

Fridays 5:30–6:30 PM

The GRO Skateboarding Program teaches not only the skills of skateboarding, but also the information about the sport, safety, equipment, and etiquette that better empowers riders to succeed.

SPORTS & REC

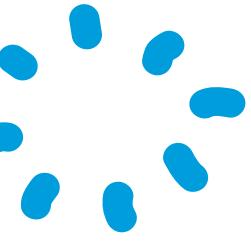
Volleyball

Thursdays 5:30–6:30 PM

Members will learn the fundamentals of playing volleyball. Learn how to bump, set, and spike through drills and scrimmages.



4TH-6TH SPECIAL PROGRAMS



HEALTH & WELLNESS

SMART Girls

Thursdays 4:45–5:30 PM

Small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls. Club girls explore their own and societal attitudes and values as they build skills.

THE ARTS

Astounding Artists

Mondays 4:45–5:30 PM

In this program members will be able to explore different famous artists and recreate the works with their own personal twists. Members will learn different types of arts along with being able to create a portfolio for an end of session arts showcase.

HEALTH & WELLNESS

Cooking Club

****Registration Required****

Mondays 5:30–6:30 PM

Learn how to safely prepare food that is healthy and delicious while exploring cuisines from around the world.

SPORTS & RECREATION

Club Riders

****Registration Required****

Fridays 5:30–6:30 PM

Explore the best of Bloomington on two wheels. Etiquette, safety, route planning and bike maintenance are covered through this program. Bikes and helmets provided.

EDUCATION

Castle Masters

Tuesdays & Wednesdays 4:45–6:30 PM

Who will be the next Crestmont Castlemaster? It could be you! Castle Masters is a combination of chess mini-lessons, tips & tricks, and various chess themed games to teach members how to become a master of the pawns.

SPORTS & RECREATION

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HEALTH & WELLNESS

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Wednesdays 5:30–6:30 PM

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ARTS

Ceramics

Thursdays 5:30–6:30 PM

This Program will introduce students to building with clay. Emphasis will be placed on the design elements; line, shape, texture, and color. Focus will be on the hand building techniques; pinch, coil and slabs. Functional as well as sculptural applications will be explored.

****Registration Required****

EDUCATION

Teach IT

tba 4:45–5:30 PM

Members will learn how to code, build websites, and use Microsoft suite through fun activities and games lead by IU Technology Interns.

EDUCATION

Lemonade Day

Post Spring Break

Lemonade Day is a fun, experiential program that teaches youth how to start and operate their very own business - a lemonade stand. Members will be deciding on a time/day/place to host their very own lemonade stand and keep a percentage of the profits!

SPORTS & REC

Circus

Wednesdays 5:30–6:30 PM

Circus Club will teach circus skills to Club members through a series of hands-on circus acts, including juggling, plate spinning, devilstick manipulation, stilt walking and globe walking, plus more!

SPORTS & REC

Cutters Soccer

Thursdays 5:30–6:30 PM

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****Registration Required****

SERVICE & LEADERSHIP

Youth Changers

Tuesdays 4:45–5:30 PM

Community Helpers gives youth the opportunity to develop their leadership skills through service to their Club and community. Younger adolescents will be provided positive group experiences that help them cultivate good character and effective leadership skills so they can become civically engaged and caring citizens.

SPORTS & REC

Volleyball

Wednesdays 5:30–6:30 PM

Members will learn the fundamentals of playing volleyball. Learn how to bump, set, and spike through drills and scrimmages.

ARTS

Dance

TBA 5:30–6:30 PM

Community Partner IU Movement Exchange will teach members the basics of dance and movement. Movement Exchange unites dance and service through its network of university chapters, international dance exchanges, and year-round programs in under served communities. Members will learn different styles of dance including contemporary & hip hop, culminating in a performance in our Arts Showcase in April.

SPORTS & REC

GRO Skateboarding

Tuesdays 5:30–6:30 PM

The GRO Skateboarding Program teaches not only the skills of skateboarding, but also the information about the sport, safety, equipment and etiquette that better empowers riders to succeed.





SERVICE & LEADERSHIP

Work-Based Learning: Junior Leaders

Wednesdays 4:45–5:30 PM

Work-Based Learning: Junior Leaders assists Club members ages 13 to 18 in exploring a career in youth or human services, particularly Boys & Girls Club work. Young people prepare for future roles as human services professionals by participating in career development activities, discovering the importance of community service, building customer service skills and completing a Club apprenticeship.

ARTS

Drama Club

Mondays 5:30–6:30 PM

Drama Club promotes a love of drama while increasing appreciation for this art form. Drama Club builds self-confidence by inspiring creativity and improving academic achievement.

EDUCATION

Diplomas2Degrees

Mondays 4:45–5:30 PM

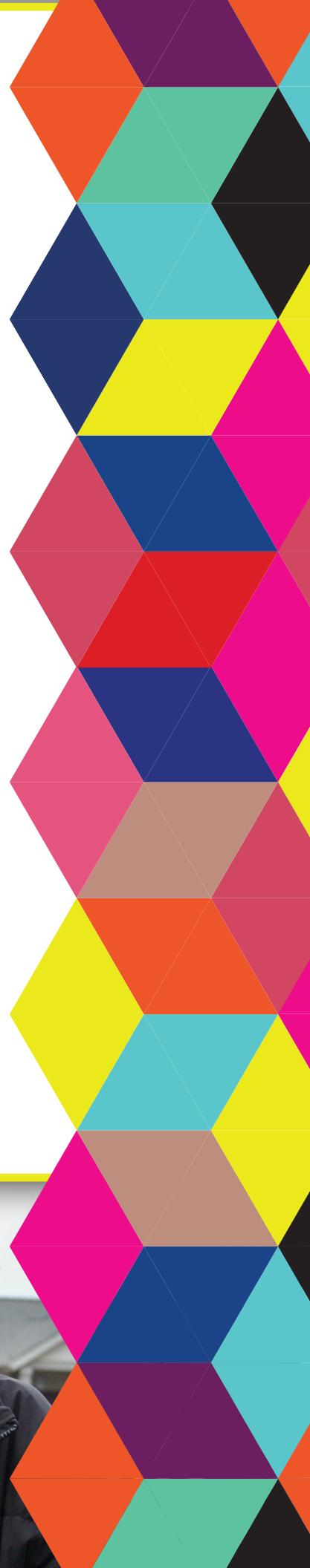
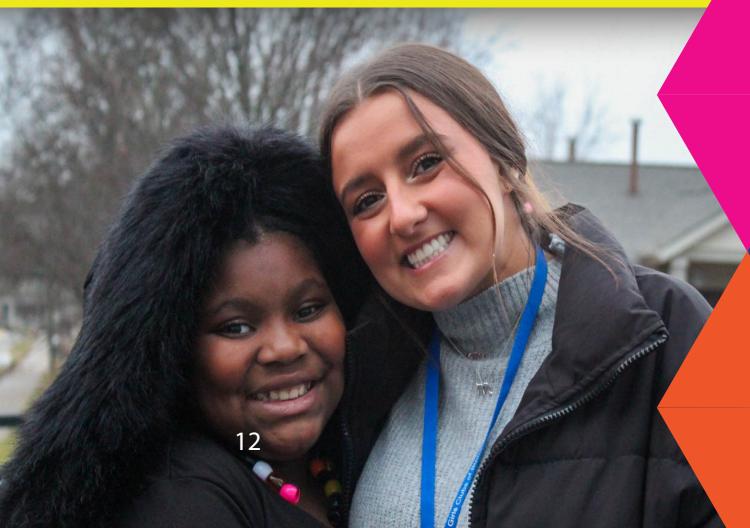
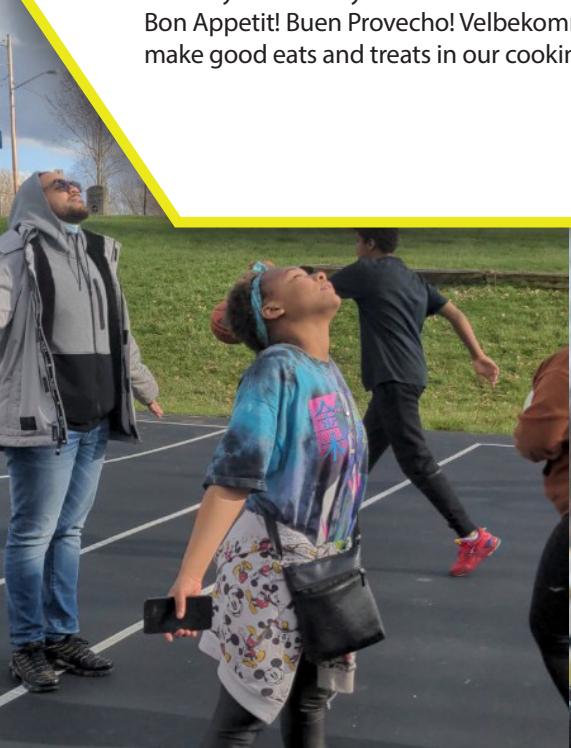
Diplomas2Degrees (D2D), a college readiness program, guides you to work toward high school graduation and prepare for post-secondary education and career success. D2D helps teens develop both short- and long-term goals, while familiarizing them with post-secondary education through experiences like college tours. It also assists you in securing financial aid and fosters supportive relationships with adults who can provide support throughout the college experience.

HEALTH & WELLNESS

Cooking Club

Tuesday & Thursday 4:45–6:30 PM

Bon Appetit! Buen Provecho! Velbekomme! No matter how you say it, enjoy your food! Learn to make good eats and treats in our cooking club.





HEALTH & WELLNESS

SMART Girls

Tuesdays 4:45–5:30 PM

This program is a small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls. Club girls explore their own and societal attitudes and values as they build skills.



SERVICE & LEADERSHIP

Torch Club

Wednesdays 4:45–5:30 PM

Torch Club is a “club within the Club,” helping to meet the special character-development needs of younger adolescents at a critical stage in their life. A Torch Club is a powerful vehicle through which young people develop and strengthen their 21st-century leadership skills, giving them a firm foundation of good character and integrity. Torch Club members elect officers and work together to implement projects in the four focus areas: service to Club and community; education; health and fitness; and social recreation.



SERVICE & LEADERSHIP

Youth of the Year

Wednesdays 4:45–5:30 PM

Youth of the Year is our signature effort to foster a new generation of leaders, fully prepared to live and lead in a diverse, global and integrated world economy. These targeted sessions provide in-depth exploration of essential leadership skills and concepts – Specifically for youth participating in Youth of the Year. Activities focus on four areas: 1) social-emotional development; 2) character and citizenship; 3) social justice; and 4) leadership and service.

HEALTH & WELLNESS

Garden Club

Mondays 4:45–5:30 PM

Good health starts with good habits, like eating wholesome foods. Tower Garden systems let members easily grow fresh, nutrient-rich food without soil. The Garden tower provides members with this opportunity.

More high-yield programs for teens listed on back page

WINTER SEASON • February 6–April 28, 2023

K-3RD WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
4:45 - 5:30 PM				
Financial Literacy Self Care Club	Castle Masters Youth Helpers	Astounding Artists Castle Masters	Youth Helpers	SMART Moves: Emotional Wellness
5:30 - 6:30 PM				
Garden Club	Ceramics	Cooking Club	Circus Cutters Soccer	Club Riders GRO Skateboarding

4TH-6TH WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
4:45 - 5:30 PM				
Astounding Artists Self Care Club	Castle Masters	Financial Literacy College & Careers	SMART Girls Youth Changers	SMART Moves: Emotional Wellness
5:30 - 6:30 PM				
Cooking Club	Club Riders GRO Skateboarding	Garden Club Circus Volleyball	Ceramics Cutters Soccer	

TEEN WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
4:30 - 5:30 PM				
Diplomas2Degrees Gardening Club	SMART Girls Cooking Club	Youth of the Year Torch Club	Stay SMART Cooking Club	Power Hour
5:30 - 6:30 PM				
Drama Club Club Riders	Cooking Club Art Club	MyFuture (The Arts)	Cooking Club	



BOYS & GIRLS CLUBS
OF BLOOMINGTON

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