



**BOYS & GIRLS CLUBS**  
OF BLOOMINGTON



Ferguson Cresmont

# PROGRAM GUIDE

**SUMMER** • May 23–July 29, 2022



**BOYS & GIRLS CLUBS**  
OF BLOOMINGTON

Ferguson Crestmont Unit  
**Summer Program Guide**

May 23 – July 29, 2022

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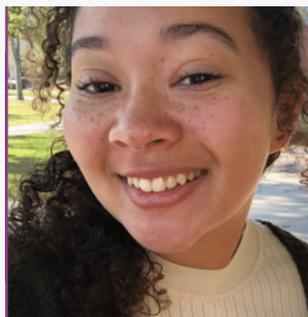
## Dear Club Members and Families,

We are excited to present the Ferguson Crestmont summer program guide! This season we are excited to apply new skills and learn even more about how to be Caring, Productive, Responsible, Respectful, and Safe.

Please use this guide to help inform your member(s) about what to expect while at the Club this summer. The Club has so many options and your child may not be familiar with all of them! The back page has the afternoon schedule, so you can easily check the best pick-up time for your child.

Programs are subject to change or cancel due to staffing or low attendance and parents will be notified by email. Please feel free to contact us with any questions or concerns.

Please Note: This guide includes photos taken between 2020-2022. Masks are not currently required at the Boys & Girls Club program. We follow local school and health department guidance for COVID-19 policy guidance.



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## WEEKLY THEMES

Weekly themes will be integrated into the activities each day and are announced at the beginning of each week through the parent/guardian email. Summer themes are as follows:

<b>May 23 - 27</b>	<b>May 31 - June 3</b>	<b>June 6 - 10</b>	<b>June 13 - 17</b>	<b>June 20 - 24</b>
Summer Kick Off	Sports Fanatic	Decades	Be An Artist	Welcome to the Jungle
<b>June 27-July 1</b>	<b>July 5-8</b>	<b>July 11-15</b>	<b>July 18-22</b>	<b>July 25-29</b>
Pirate	Around the World	Adventurer	Wacky Water	Carnival

## IMPORTANT DATES

- Monday May 23** First day of Summer Center & Drop-In program
- Monday May 30** Club CLOSED for Memorial Day
- Saturday June 18** Community-wide Lemonade Day
- Friday July 1** Membership Renewal Begins
- Monday July 4** Club CLOSED for Independence Day
- Friday July 29** Last day of Summer Center & Drop-In program
- Saturday July 30** Pancake Breakfast Teen Fundraiser
- Monday August 1 - Friday August 5** Club CLOSED for Annual Shutdown
- Thursday August 4** Membership Enrollment Open House

## PARENT COMMUNICATION

**Parent Email:** If you are currently not receiving the parent email each week, but would like to please email our Membership Desk Coordinator at [fcdesk@bgcbloomington.org](mailto:fcdesk@bgcbloomington.org) to be added to the email list. These emails include important information such as summer programming reminders, program highlights, and community resources.

**Parent/Guardian Facebook Group:** Join our Facebook group to see the latest activities at the Club and for quick updates! Search for "Ferguson Crestmont Club" in FB groups or visit: [www.facebook.com/groups/fergusoncrestmontclub](https://www.facebook.com/groups/fergusoncrestmontclub)

Like us on:



## SUMMER CENTER (7:30 - 12 PM)

Registration & Additional Fee Required.

Summer Center is our morning summer camp program at each of our three stand-alone Clubs. Programming includes a rotation for your member's group to take local fieldtrips and participate in themed games and activities. Summer Center guarantees a spot in our Drop-In program, requires registration and an additional fee. Registration begins each year on March 1.

Time	Activites
7:30 - 9 AM	Morning Stations/Drop-Off
9 - 12:00 AM	Rotating fieldtrips and themed in-Club programming

## DROP-IN HOURS (12 - 6 PM)

Registration Required.

Drop-In hours are provided at no cost to our members outside of the annual membership fee.. Every day Drop-In hours are filled with activities and special programs in our five program areas: The Arts, Education, Health & Wellness, Sports & Recreation, and Service & Leadership. *At this time, all participants must register on MyClubHub for Drop-In access. Please note that Drop-In access is not guaranteed, even to members registered for the Drop-In program. The Club will communicate access individually as capacity allows.*

Time	Activites
12 - 12:30 PM	Lunch
12 - 1:00	Announcements & Drop-In Activities
1 - 3:00 PM	Special Programs & In-Club Drop-In Options
3 - 3:30 PM	Snack Time & Community Time
3:30 - 4:30 PM	Special Programs & In-Club Drop-In Options
4:30 - 5:30 PM	Special Programs & In-Club Drop-In Options
5 - 6 PM	Afternoon Stations/Pick-Up

## DROP-IN ACTIVITIES (12 - 6:00 PM)

Drop-In activities are large-group programs that informally engage youth and provide them with opportunities for maximum freedom and mobility. Activities may include:

- Free play activities in the gym or gamesroom
- Dances and special events
- Movies and presentations
- On-the-spot fun, games, contests or stunts

## SPECIAL PROGRAMS (3:30 - 5:00 PM)

Special Programs are consistent, progressive activities meant to build on each week's learning. Descriptions are listed on the next few pages. Spots will be given on a first-come, first-served basis with priority given to pre-registered members (if applicable). Regular and consistent attendance is highly encouraged for these programs (and sometimes required to participate) so that all members may have a high-quality experience and get the most out of our programming.

We may require registration if the program is particularly popular, requires fieldtrip(s), involves higher risk (i.e. skateboarding, biking programs, etc.), or covers sensitive topics (i.e. drug prevention, child safety, etc). Community partner programs may require additional forms to participate. Speak with your child about special program options and register on the MyClubHub parent portal if applicable.

If there are non-registration programs that are consistently waitlisting members, we will open registration and prioritize consistent attendees.



Some programs require registration online at our parent portal:

[bgcbloomington.force.com](http://bgcbloomington.force.com)





**CAUTION**  
Water is  
12.5 feet deep

# K-6 SPECIAL PROGRAMS

## EDUCATION

### Chess

Monday, Tuesday, Wednesday & Thursday 3:30 - 5:30 PM

Who will be the next Crestmont Castlemaster? It could be you! Castle Masters will be a combination of chess mini-lessons, tips & tricks, and various chess themed games to teach members how to become a master of the pawns.



## SPORTS & REC

### Drama

Thursdays 4:30-5:30 PM

Members will discover that a behind the scenes role in a production is just as important as an onstage role. Stagecraft offers many ways to use creative and organizational skills – whether as the set designer or the stage manager – while also working together with a group to bring all of the different production elements together.

## HEALTH & WELLNESS

### Daily Challenges

Wednesdays 1:00-3:00 PM

The “Body” component of Triple Play promotes becoming more physically active through a variety of games, cooperative activities, and sports that develop a young person’s ability, confidence and motivation to be physically fit.



## THE ARTS

**\*\*Registration Required\*\***

### Photography

Thursdays 1:00 - 3:00 PM

Photography Club is designed to help members go beyond snapshots and develop skills to take photographs that can really impact the viewer. The current popularity and accessibility of photography makes it a powerful means to engage youth of all ages in creative programming, while simultaneously teaching them skills they will use for the rest of their lives. Participants will build their skills and present a final photography project to share with the whole club.

## EDUCATION

### Summer Brain Gain

Mondays 1:00 - 3:00 PM

Summer Brain Gain is a fun, interactive learning program that addresses the issue of summer learning loss, which has a devastating effect on kids, especially those who don’t participate in enriching summer activities.





# K-3RD SPECIAL PROGRAMS

## HEALTH & WELLNESS

### **Cooking Club**

**Mondays 4:30–5:30 PM**

Bon Appetit! Buen Provecho! Velbekomme! Members will learn how to prep meals across a variety of cuisines, with new lessons delivered eachweek from volunteers from IU’s School of Health and Human Sciences.

## EDUCATION

### **Jr. Scientists Club**

**Mondays 3:30–4:30 PM**

Members will participate in all kinds of cool science experiments! They will learn about chemical reactions, states of matter, the scientific process & more with hands-on, fun projects that will spark learning and discovery

## SPORTS & REC

### **PLAY BALL: Wiffle Ball**

**Mondays 2:00–3:00 PM**

Play Ball is a program that highlights the many ways baseball can be played outside of traditional organized baseball leagues, ways ranging from playing catch, stickball and WIFFLE Ball games to participating in skills competitions like “Pitch, Hit & Run.” Play Ball allows youth to increase their overall fitness while learning skills through fun and enriching activities.



SERVICE & LEADERSHIP

## Community Helpers

Tuesdays & Thursdays 1:00–2:00 PM

Members will participate in service activities that help inside and outside of the Club and learn what it means to be part of a community.

HEALTH & WELLNESS

## SMART Moves: CORE

Tuesdays & Thursdays 2:00–3:00 PM

SMART Moves: Core focuses on helping youth develop healthy decision-making attitudes and skills. The program teaches essential social-emotional skills that enable youth to communicate effectively, make healthy decisions, and refuse to engage in unhealthy behaviors.



EDUCATION

**\*\*Registration Required\*\***

## Adventure Club

Tuesdays 4:30–5:30 PM

Members need the ability to get up and move! Our nature walks will provide them light physical activity with a focus on observing the natural world around us and practicing wellness of the mind, body and soul.

THE ARTS

**\*\*Registration Required\*\***

## Ceramics

Wednesdays 4:30–5:30 PM

Members will learn the skills to create pottery from start to finish! Members will design, craft, fire and paint pottery using our kiln & pottery wheels.

EDUCATION

## Discovering Careers

Wednesday 1:00–2:00 PM

Through the Discovering Careers program, members will learn about different career clusters and explore potential career paths centered around our weekly themes!

EDUCATION

**\*\*Registration Required\*\***

## Reading Buddies

Wednesdays 2:00–3:30 PM

The Club is partnering with Bell Trace Senior Living to pair up their residents with our members for a summer reading program! Each session will start with a story together and a related craft, with time at the end of individual reading. This program includes a weekly fieldtrip to the library.

SPORTS & REC

**\*\*Registration Required\*\***

## GRO Skateboarding

Wednesdays 3:30–4:30 PM

The GRO Skateboarding Program teaches not only the skills of skateboarding, but also the information about the sport, safety, equipment and etiquette that better empowers riders to succeed.



EDUCATION

**\*\*Registration Recommended\*\***

## Lemonade Day

**Wednesdays 4:30–5:30 PM**

Lemonade Day is a fun, entrepreneurial program that teaches members how to start, own and operate their very own business - a lemonade stand. Each year in Monroe County youth have the opportunity to practice entrepreneurship by setting up their business during their city’s community-wide Lemonade Day. Members will create a business plan, marketing campaign leading up to their very own lemonade stand. The community-wide Lemonade Day is June 18 but the Club stand date may vary. Participants will receive a Lemonade Day shirt and additional tools and resources to start their own lemonade stand at home if registered!

HEALTH & WELLNESS

## Healthy Habits

**Wednesdays 2–3 PM**

Healthy Habits is the “Mind” component of the Triple Play program. The Healthy Habits curricula focuses on making choices that support a healthy eating pattern and physical wellness. This targeted program is made up of interactive practical activities that develop a young person’s ability, confidence and motivation to eat healthy for life.

HEALTH & WELLNESS

## Garden Club: Learn, Grow, Eat & Go

**Thursdays 3:30–4:30 PM**

This Junior Master Gardener program engages children in novel, “hands-on” group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. JMG encourages youths to be of service to others through service learning and leadership development projects and rewards them with certification.



EDUCATION

## Makerspace/Lego STEM Challenges

**Wednesdays 3:30–4:30 PM**

Makerspaces, also called hackerspaces, hackspaces, and fablabs, are collaborative spaces where members gather to get creative with DIY projects, invent new ones, and share ideas. The Club Makerspace STEM program is a time to create something out of stuff!

EDUCATION

## Create Club

**Fridays 1:00–2:00 PM**

Create Club promotes exploration, discovery and hands-on learning through science. Members will develop skills in scientific thinking through exploring the world around us.



# 4-6 SPECIAL PROGRAMS

## ARTS

### Astounding Artists

Mondays 4:30-5:30 PM

In this program members will be able to explore themselves as an artist. Members will learn about different artists; along with being able to create their own portfolio.

## EDUCATION

### Scientist Club

Mondays 4:30-5:30 PM

Members will participate in all kinds of cool science experiments! They will learn about chemical reactions, states of matter, the scientific process & more.



## SPORTS & REC

### PLAY BALL: Wiffle Ball

Mondays 2:00-3:00 PM

Play Ball is a program that highlights the many ways baseball can be played outside of traditional organized baseball leagues, ways ranging from playing catch, stickball and WIFFLE Ball games to participating in skills competitions like "Pitch, Hit & Run." Play Ball allows youth to increase their overall fitness while learning skills through fun and enriching activities.



## HEALTH & WELLNESS

### SMART Girls

**Mondays 2:00–3:00 PM**

SMART Girls is a small-group health, fitness, prevention/ education and self-esteem enhancement program designed to meet the developmental needs of girls in three age groups. Club girls explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, getting good health care and developing positive relationships with peers and adults.



## EDUCATION

### Book Club

**Tuesdays 1:00–2:00 PM**

Members will discuss their favorite books, read together & talk about the themes and lessons learned from the stories.

## SPORTS & REC

**\*\*Registration Required\*\***

### Club Riders

**Tuesdays 3:30–5:30 PM**

Explore the best of Bloomington on two wheels. Etiquette, safety, route planning and bike maintenance are covered through this program. Bikes and helmets provided.



## HEALTH & WELLNESS

### Passport to Manhood

**Tuesdays 2:00–3:00 PM**

Passport to Manhood represents a targeted effort to engage young boys in discussions and activities that reinforce character, leadership and positive behavior. Each participant receives a “passport” to underscore the notion that he is on a personal journey of maturation and growth. Each of the program’s 14 sessions use interactive activities to focus on a specific aspect of character and manhood. It also includes a service project where boys learn the importance of giving back to the community.

## SERVICE & LEADERSHIP

### Community Helpers

**Tuesdays & Thursdays 2:00–3:00 PM**

Members will participate in service activities that help inside and outside of the Club and learn what it means to be part of a community. One-time service activities for younger Club members to develop leadership in important areas from character and values, fairness and justice, and gratitude to kindness, health and wellness, and environmental responsibility.

## HEALTH & WELLNESS

### SMART Moves: CORE

**Tuesdays & Thursdays 1:00–2:00 PM**

SMART Moves: Core focuses on helping youth develop healthy decision-making attitudes and skills. The program teaches essential social-emotional skills that enable youth to communicate effectively, make healthy decisions, and refuse to engage in unhealthy behaviors.





#### EDUCATION

### Discovering Careers

Wednesdays 2:00–3:00 PM

Through the Discovering Careers program, members will learn about different career clusters and explore potential career paths centered around our weekly themes!

#### HEALTH & WELLNESS

### Garden Club: Learn, Grow, Eat & Go

Wednesdays 4:30–5:30 PM

This Junior Master Gardener program engages children in novel, “hands-on” group and individual learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. JMG encourages youths to be of service to others through service learning and leadership development projects and rewards them with certification.



#### HEALTH & WELLNESS

### Triple Play: Healthy Habits

Wednesdays 1:00–2:00 PM

Healthy Habits is the “Mind” component of the Triple Play program. The Healthy Habits curricula focuses on making choices that support a healthy eating pattern and physical wellness. This targeted program is made up of interactive practical activities that develop a young person’s ability, confidence and motivation to eat healthy for life.





**EDUCATION**

**\*\*Registration Required\*\***

## Lemonade Day

**Wednesdays 4:30–5:30 PM**

Lemonade Day is a fun, experiential program that teaches members how to start, own and operate their very own business - a lemonade stand. Each year in Bloomington youth have the opportunity to experience entrepreneurship by setting up their business during their city's community-wide Lemonade Day. Members will create a business plan, along with a marketing campaign leading up to their very own lemonade stand. The community-wide Lemonade Day is June 18 but the Club stand date may vary.



MONROE COUNTY

**SPORTS & REC**

**\*\*Registration Required\*\***

## GRO Skateboarding

**Wednesdays 4:30–5:30 PM**

Members in the GRO Skateboarding program will learn the basics of skateboarding safety, skill and maintenance. Members will be provided with skateboards and helmets to use during this program. Members will be visiting the skate park for this semester.

**EDUCATION**

## Ultimate Journey

**Thursdays 4:30–5:30 PM**

Ultimate Journey features fun and interactive activities that introduce members to environmental stewardship. Club Members learn great STEM content, but also practice problem-solving, critical thinking, and decision making. Club Members will do deep thought work about their communities and their history, as well as the impact they can have on the future. This program fosters appreciation for natural wonders, especially National Parks!



THE ARTS

## Ceramics

Thursdays 4:30–5:30 PM

Members will learn the skills to create pottery from start to finish! Members will design, craft, fire and paint pottery using our kiln & pottery wheels.



THE ARTS

## MusicMakers

Thursdays 3:30–4:30 PM

MusicMakers inspires young people to produce music and to create their life's soundtrack. Young people need positive outlets for creative self-expression, and many have a keen interest in the performing arts. Musical study develops critical thinking, self-discipline, self-esteem, self-confidence and teamwork. The goal of MusicMakers National Music Education Program is to promote young people's natural love of music and to increase their appreciation of this art form while building their skills so they can express themselves using instruments such as the guitar or drums.

EDUCATION

## Create Club

Fridays 1:00–2:00 PM

SMART Moves: Core focuses on helping youth develop healthy decision-making attitudes and skills. The program teaches essential social-emotional skills that enable youth to communicate effectively, make healthy decisions, and refuse to engage in unhealthy behaviors.



SERVICE & LEADERSHIP

## Torch Club

Fridays 2:00–3:00 PM

Torch Club members learn to elect officers and work together to implement activities in four areas: service to Club and community, education, health and fitness and social recreation. make healthy decisions, and refuse to engage in unhealthy behaviors.





EDUCATION

## Pancake Breakfast

Time Varies

The BGC Teen's Pancake Breakfast is our annual fundraiser completely developed, marketed and ran by our teen Club members! Teens will have the opportunity to develop professional skills and raise funds by selling tickets to the event that goes straight back into the teen program.

SPORTS & RECREATION

## Adventure Club

Mondays 3:30–5:30 PM

Members need the ability to get up and move! Our nature walks will provide them light physical activity with a focus on observing the natural world around us and practicing wellness of the mind, body and soul.

HEALTH & WELLNESS

## Cooking Club

Wednesdays & Thursday 3:30–5:30 PM

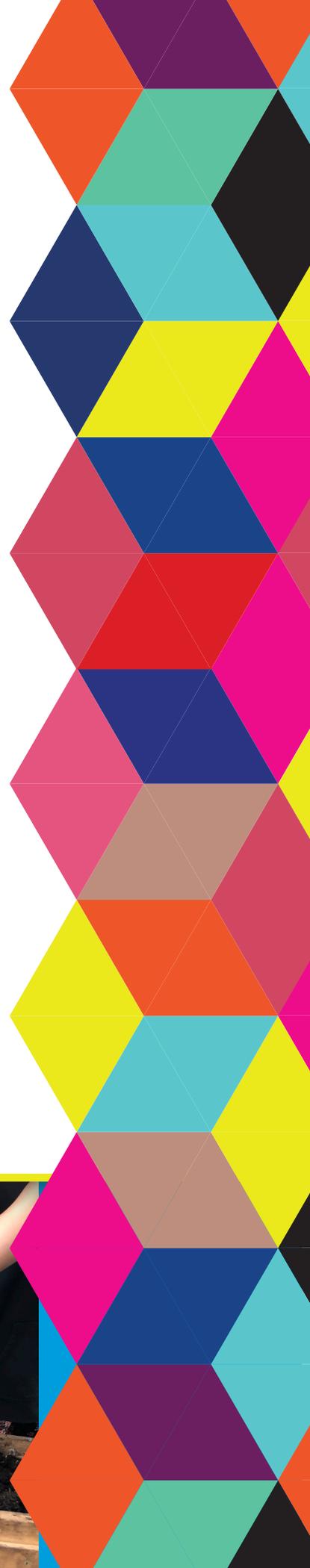
Bon Appetit! Buen Provecho! Velbekomme! No matter how you say it, enjoy your food!, learn to make good eats and treats in our cooking club.

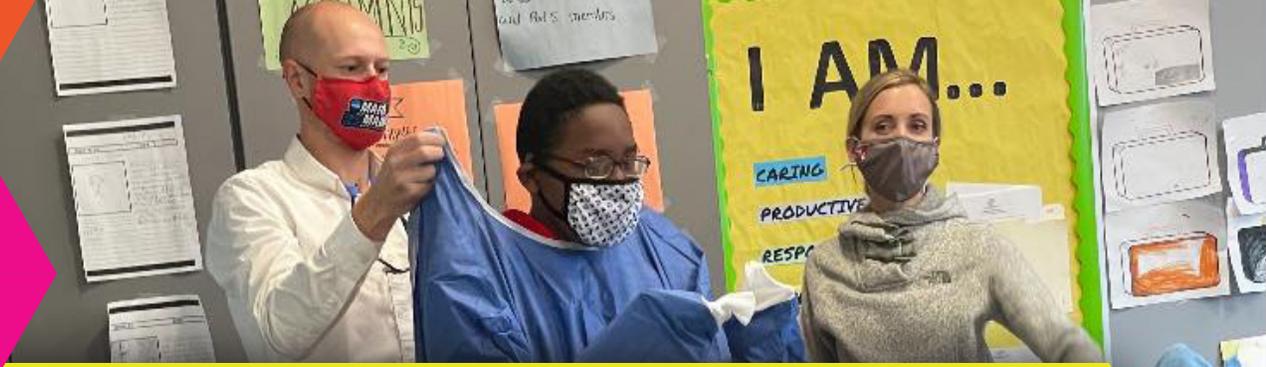
SPORTS & REC

## eSports

Thursdays 2:00–3:00 PM

Think you are the best gamer in the club? Esports is allowing kids to connect with other members from other clubs and gives them the ability to compete against other members.





#### HEALTHY & WELLNESS

### Garden Club: Mother Hubbard's Cupboard

**Mondays 2:00–3:00 PM**

Members get to go on-site to Mother Hubbard's Cupboard, where they will learn to grow and cook their own healthy food! MHC's mission is to make healthy food accessible to everybody, and aims to equip youth with the same knowledge and opportunity.

#### EDUCATION

### Young Entrepreneurs Camp

**Wednesdays 2:00–3:00 PM**

Ever wanted to start your own business? Have an idea for the next big thing? Then bring that passion to Young Entrepreneurs Camp hosted by The Mill, Bloomington's center for innovation and entrepreneurship. Over the course of the summer, you'll learn how to take your idea and turn it into a business venture. The final week will culminate in a Pitch Showcase on July 21, where you'll pitch your idea to family, friends, and community leaders!



#### HEALTH & WELLNESS

### P.R.I.D.E.

**Mondays 1:00–2:00 PM**

People Respecting Individual Differences (P.R.I.D.E.) is a member-led discussion on hot topics such as identity, current events, and the bridge between the two.

#### SPORTS & REC

### Pool Trip

**Fridays 2:00–4:30 PM**

Each week the teens will take a fieldtrip to Mills Pool. All teens should bring a swimsuit, towel and any additional money if they would like to buy food or drink from the pool. Pool waiver required to participate.

#### HEALTH & WELLNESS

### SMART Moves: CORE

**Wednesdays 1:00–2:00 PM**

SMART Moves: Core focuses on helping youth develop healthy decision-making attitudes and skills. The program teaches essential social-emotional skills that enable youth to communicate effectively, make healthy decisions, and refuse to engage in unhealthy behaviors.

# SUMMER SEASON • May 23–July 29, 2022

## K-3 WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
3:30 – 4:30 PM				
Astounding Artists Jr. Scientist Chess Drama	Mindfulness Gym Chess	Reading Buddies Makerspace/Legos Chess Gro Skateboarding	Garden Club Music Makers	Movie!
4:30 – 5:30 PM				
Cooking Club Gym Drama	Adventure Club Ceramics Chess	STEA M Lemonade Day Chess	Gym	Movie!

## 4-6 WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
3:30 – 4:30 PM				
Cooking Club Gym Drama	Club Riders		Music Makers Gym	Movie
4:30 – 5:30 PM				
Astounding Artists Scientist Club Drama	Club Riders Gym Chess	Garden Club Chess Gro Skateboarding Lemonade Day	Ultimate Journey Ceramics	Movie

## TEEN WEEKLY SPECIAL PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday
2:00 – 3:00 PM				
Garden Club		YEC @ the Mill	eSports	
3:30 – 5:30 PM				
Adventure Club		Cooking Club	Cooking Club	Pool (Back @ 4:30)



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