



Lincoln Street Unit

Teen Fall Session Program Guide

September 20 - November 12, 2021

Dear Club Members and Families,

We are excited to present the Lincoln Street Teen Program Guide! This season we are excited to apply new skills and to learn even more about how to be *Caring, Productive, Responsible, Respectful, and Safe*, adapting our programs to our mantra to help address many of the challenges teens face in our world today.

Please use this guide to help inform yourself and your member(s) about what to expect while at the Club after school. Please note: Programs are subject to change or cancel due to staffing or low attendance. Updates will be given in parent emails. Please feel free to contact us with any questions or concerns.

Neil Smith	Justin Williams
Senior Unit Director	Teen Director
nsmith@bgcbloomington.org	jwilliams@bgcbloomington.org
(812)-287-7427	(812)-668-2378

WEEKLY THEMES

Weekly themes will be integrated into the Power Hour activities each day. Weekly themes are also announced at the beginning of each week through the Parent Email! Weekly themes for the fall semester are as follows:

Aug. 9-13th	Aug. 16-20th	Aug. 23-27th	Aug. 30-Sept. 3rd	Sept. 7-10th	Sept. 13-17th	Sept. 20-24th	Sept. 27-Oct. 1st	Oct. 4-8th	Oct. 11-15th
Welcome Week	Rainbow Week	Plant Week	Camping Week	Seasons Week	Game Show Week	Bug Week	5 Senses Week	Wild West Week	LEGO Week

Oct. 18-22nd	Oct. 25-29th	Nov. 1-5th	Nov. 8-12th	Nov. 15-19th	Nov. 22-26th	Nov. 29-Dec. 3rd	Dec. 6-10th	Dec. 13-17th	Dec. 20-24th
Magic Week	Monster Mash Week	Storybook Week	Travel Week	Emoji Week	<u>THANKS -GIVING BREAK</u>	Video Game Week	Kindness Week	Arctic Animal Week	<u>WINTER BREAK</u>

POWER HOUR (4:00-5:15 PM)

Power Hour is an academic time where our members are encouraged to complete homework or are participating in a high-yield educational activity. These activities, while academic, are meant to be hands-on, engaging, and, yes, even **FUN!** At times, the 6th grade Homeroom will be encouraged to join the teens at this time--for particular programming, collaboration, and to aid their transition into the Teen Center next year.

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
Teens	Healthy Lifestyles	Good Character & Leadership	Education/STEM	Access to the Arts	Member Choice

SPECIAL PROGRAMS (5:15-7:00 PM)

Special Programs are consistent, progressive activities meant to build on each week's learning objectives. Some days teens have a couple of options depending on their tastes. There are also some days where members are split by gender for programs. But there are also some programs that all teens will be involved in. In the event of a COVID spike, some programs may later become set (to ensure safety).

Some of these programs require separate parent or guardian permission and may require regular and consistent attendance to be able to participate. Please speak with your child to see if they are interested in the program and turn in the registration page (last page) as soon as possible. Descriptions are listed on the next page.

Some of these programs allow teens to be coaches, leaders, and staff assistance for K-6 programs, working together to serve the club community. Teens will be able to make decisions helping program activities, keeping spaces structured/organized, and facilitating aid.

Participants in each program will be required to socially distance and attendance will be taken for contact tracing in case of a positive case of COVID-19. Members must be able to safely participate in each program concerning COVID-19 procedures, without exception.

PROGRAM DESCRIPTIONS

*** Some programs require registration & are limited by member number ***

<p style="text-align: center;">CLUB RIDERS Tuesdays 5:15-6:45 Club Staff: Ethan & Caitlin</p> <p>Explore the best of Bloomington on two wheels. Etiquette, safety, route planning and bike maintenance are covered through this program. Bikes and helmets provided.</p> <p><i>Please note members who attend will not be back until 5:45.</i></p> <p>15 members max</p>	<p style="text-align: center;">COOKING & GARDENING CLUB COMBO Mondays 5:15-6:45 Club Staff: Caitlin</p> <p>Cooking from the ground up! In this program, members will get involved in cutlery and culinary demos, learning knife and life skills while also learning how to grow and incorporate their own ingredients into various recipes.</p> <p>15 members max</p>
<p style="text-align: center;">COACHING FLAG FOOTBALL (Encouraging K-3) Monday 6-6:45 Club Staff: Noah & Antwone</p> <p>The NFL's flag football program offers K-6 members the fun and excitement of football in a non-contact environment. Kids not only have a blast practicing and playing the game, but they learn valuable lessons in sportsmanship, teamwork, discipline and commitment--traits teens will be able to model for the younger groups as they coach and cheer them on while helping staff.</p> <p>25 members max</p>	<p style="text-align: center;">DIGITAL PHOTOGRAPHY:HUMANS OF THE CLUB (Helping 4-6) Tuesday & Thursdays 5:15-6 Club Staff: Lucas</p> <p>Teens will assist and buddy-up with members as they learn the basics of point and shoot photography. Works will be showcased throughout The Club, in Parent Emails & On The Boys & Girls Clubs of Bloomington's social media sites (with permission), ultimately working on a BGCB Yearbook!</p> <p>25 members max</p>

<p align="center">IU GIRLS CODING PROGRAM Wednesday 4:30-6 Taught by IU Students</p> <p>Students will be mentored and learn coding. There will also be a college prep. portion of the program which we hope will include a tour of the IU campus. The program was originally started by the Monroe County Women’s Commission and it is now also a partnership with IU Pre-College Programs and IU School of Informatics. The lessons will be taught by IU Students that are part of Teach IT, Serve IT, and another student ambassador organization through the IU School of Informatics, Computing, & Engineering.</p> <p>20 members max</p>	<p align="center">MONEY MATTERS Wednesdays 6-6:45 Club Staff: Emma</p> <p>Teens are REALLY good at spending money! But not so good at budgeting and saving it. This BGCA.net program plans to fix that.</p> <p>All teens involved</p>
<p align="center">DUNGEONS & DRAGONS Tuesdays & Thursdays 5:15-6:00 PM Club Staff: AJ</p> <p>DnD is all about collaborative and creative problem solving in a fantastical world! During the adventures that the members will be working through, there will be daring feats of bravery, encounters with creatures out of this world, and experiences in places more beautiful than the imagination could comprehend. Members will create characters and work through different adventures, collaborating to solve an overall problem or quest in order to learn improvisational, team work, and problem-solving skills.</p> <p>6 members max</p>	<p align="center">BE A STAR Tuesdays 4:30-5:15 Club Staff: Ethan</p> <p>The Be a STAR bullying prevention program encourages young people to treat others with respect through education and grassroots initiatives. This program was created by the WWE to support emotional intelligence and has reached nearly half a million children globally since 2011.</p> <p>All teens involved, 6th grade included (done during Power Hour)</p>
<p align="center">HOOSIER HEIGHTS AND ADVENTURE CLUB Fridays 4:30-6:45 Club Staff: Justin & Caitlin</p> <p>Every second and fourth Friday of the month we’ll attend Hoosier Heights. H.H. has teamed up with us to provide a special deal--it’s only \$5 per member--and every week in-between we’ll be planning special field trips and adventurous activities!</p> <p><i>Please note that members who attend will not be back until 6:45, and members who would not like to attend H.H. are asked to help K-6 staff with their Friday programs.</i></p> <p>14 members max</p>	<p align="center">BOYS GEOCACHING Wednesdays 4:30-6 Club Staff: Caitlin</p> <p>Using an all-access membership the boys will mosey around town searching for geocaches to document in our Club account, noting methods and ways of hiding which they will then use to come together and plan their own geocache (or more)!</p> <p>15 members max</p>
<p align="center">SPORTSBALL CLUB Thursdays 6-6:45 Club Staff: Pablo</p> <p>From dodgeball to basketball to four-square and even competitions without a ball in hand, this program focuses on hand-eye coordination and positive competition!</p> <p>15 members max</p>	<p align="center">MY FUTURE Mondays 4:30-5:15 Club Staff: Caitlin & Emma</p> <p>BGCA provides a digital platform with a bevy of activities students can start with us and continue on their own, earning recognition badges along the way!</p> <p>All teens involved</p>

PROGRAM BASICS

IMPORTANT DATES

- **Monday September 6, 2021: Labor Day CLUB CLOSED**
- **Saturday October 2, 2021: Hoops Hysteria**
- **Thursday & Friday October 7-8th, 2021: Fall Break Camp**
- **Friday October 29th: Community Halloween Party: CLUB CLOSED, Halloween Party from 5-7 PM**
- **Tuesday November 2nd, 2021: Election Day Break Camp**

COVID -19 PRECAUTIONS

The Club continues to practice safety measures to keep members, staff, and the community safe. Here's what we're doing on a daily basis:

- **Health Screening:** All staff and volunteers are going through a COVID-19 health screen before entering the program space.
- **Hand Washing:** Members and staff are washing their hands frequently throughout the day, as well as washing their hands before and after eating, before and after using the restroom, and after being outside. Members and staff also have constant access to hand sanitizer in their program spaces.
- **Face Masks:** Masks are required at all times for staff, members, and anyone entering the building.
- **Social Distancing:** Members are encouraged to keep at least three feet apart from others and is being enforced by club staff.
- **Cleaning:** Staff are equipped with cleaning supplies to disinfect all surfaces. A cleaning service cleans the club each evening as well.

PARENT COMMUNICATION

Parent Email: If you are currently not receiving the parent email each week, but would like to please email Program Director, Rachel at rdobias@bgcbloomington.org to be added to the email list. These emails include important information such as break days, summer programming, program highlights, and community resources.

Remind App Information: The Lincoln Street Club uses the Remind App for drop-off and pick up communication. All members should be dropped off and picked up at the main entrance of the club. Please follow the instructions below to sign up for this recommended service!

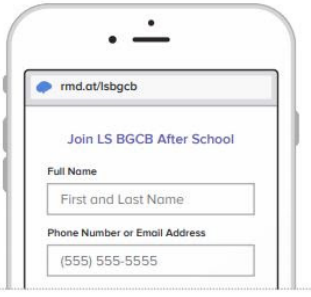
Pick a way to receive messages for LS BGCB After School:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/lsbgcb

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.




B If you don't have a smartphone, get text notifications.

Text the message @lsbgcb to the number 81010.

If you're having trouble with 81010, try texting @lsbgcb to (315) 235-1045.

* Standard text message rates apply.



BOYS & GIRLS CLUBS
OF BLOOMINGTON

Program
Registration

September 20, 2021-November 12, 2021

Parent/Guardian(s) Name	
Parent/Guardian(s) Primary Phone	
Parent/Guardian(s) Email Address	
List Member Name(s) & Grade(s) Below to Register	
	CLUB RIDERS
	DUNGEONS & DRAGONS
	COACHING FLAG FOOTBALL
	COOKING & GARDENING CLUB COMBO
	DIGITAL PHOTOGRAPHY: HUMANS OF THE CLUB
	IU GIRLS CODING CLUB
	BOYS GEOCACHING
	HOOSIER HEIGHTS & ADVENTURE CLUB
	SPORTSBALL CLUB

PLEASE COMPLETE THIS SECTION FOR ENROLLMENT AND RETURN TO THE FRONT DESK

I do hereby give permission for my child _____ to participate in the Boys & Girls Clubs of Bloomington programs as specified above. I have reviewed the parent information for those special programs chosen and take responsibility for this information. My child and I accept full responsibility for his/her actions while at the Boys & Girls Club and understand that they may be asked to discontinue involvement if unsafe or negative actions are displayed.

I understand my contact information may be shared with partners and instructors in order to share information about the programs for which my child is registered.

I certify that my child is in good health and can participate in all activities I have registered for. In case of emergency, I hereby authorize the Boys & Girls Club of Bloomington staff to seek medical attention for my child in the unlikely event of an emergency in my absence. This includes shots, surgery, anesthesia or any other medical treatment.

I hereby release the Boys and Girls Clubs of Bloomington, their officers, agents, employees and insurers from any present or future, personal injury or damage to property caused by or having any relation to this activity. I understand that this release binds my heirs, executors and administrators. I have read this release and understand all of its terms. I sign it voluntarily and with full knowledge of its significance.

I understand that by registering my child, commitment to the program is important in order to gain the most from the experience.

_____ Parent/Guardian Signature _____ Date