



FERGUSON CRESTMONT

2021 FALL PROGRAM GUIDE

September 7th- November 19th

Dear Club Members and Families,

We are excited to present the Ferguson Crestmont After School Program Guide! This season we are excited to apply new skills and to learn even more about how to be Caring, Productive, Responsible, Respectful, and Safe.

Please use this guide to help inform you and your member(s) about what to expect while at the Club. All weekly programs that will be offered on a regular basis to Club members are FREE. Please note: Programs are subject to change or cancellation due to staffing or low attendance. Updates will be given in a newsletter, flyers sent home. Please feel free to contact a director with any questions or concerns.

Erin Reynolds
Member Inclusion Director
ereynolds@bgcbloomington.org
812-287-7422

Payton Stevens
Academic Success Director
pstevens@bgcbloomington.org
812-668-2206

Nicole Lynn
Healthy Lifestyles Director
nlynn@bgcbloomington.org
812-668-2211

WEEKLY THEMES - September 7th - November 19th

Weekly themes will be integrated into the power hour activities each day. Weekly themes are announced at the beginning of each month through the Parent Email! Weekly themes for this session are as follows:

September Themes	October Themes	November Themes
Sept. 7-10: Seasons Week Sept. 13-17: Game Show Week Sept. 20-24: Bug Week Sept. 27-Oct. 1: 5 Senses Week	Oct. 4-8: Wild West Week Oct. 11-15: LEGO Week Oct. 18-22: Magic Week Oct. 25-29: Halloween Week/Monster Mash	Nov. 1-5: Storybook Week Nov. 8-12: Travel/Around The World Week Nov. 15-19: Emoji Week

POWER HOUR (4:30-5:30 P.M.)

Power Hour is an academic time where our members are encouraged to complete homework or are participating in high-yield educational activities based on their grade level. These activities, while academic, are meant to be hands-on, engaging, and, yes, even **FUN!** Members can also complete individual activities.

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
K-3 Cadets	Triple Play Music Makers	Computer Club GOAL U	Create Club Discovering Careers	Club Trivia **ASL**	FRI-YAY Activities + Special Snack
4-6 Juniors	Create Club Discovering Careers	Middleway House 2D Art **Lego League**	Triple Play Newspaper Club	GOAL U Mindfulness **Lego League**	
All	Homework Center Free Play Chess	Homework Center Castle Masters	Homework Center Castle Masters	Homework Center Free Play Chess	

SPECIAL PROGRAMS (5:30-6:30 P.M.)

Special Programs are consistent, progressive activities meant to build on each week's learning objectives.

***** Program Descriptions can be found on the following pages! REGISTRATION ON LAST PAGE.*****

Grade	Monday	Tuesday	Wednesday	Thursday	Friday
K-3 Cadets	Astounding Artists **Cooking Club**	Mindfulness **Flag Football**	Games Room Tournaments Club Trivia	Book Club Wii Club/Lego Challenges	Movie
4-6 Juniors	Club Craft **Flag Football**	Club Trivia **Club Riders**	Music Makers **Rugby (3rd-6th)**	Games Room Tournaments Astounding Artists	
All	Board Games	**Garden Club** Free Play Chess	Girls Tech Club Free Play Chess	**GRO Skateboarding** Free Play Chess	**Ceramics** Member Vs. Staff Game

These programs require separate parent or guardian permission and may contain sensitive material or require regular and consistent attendance to be able to participate. Please speak with your child to see if they are interested in the program and turn in the registration page (last page) as soon as possible. Descriptions are listed on the next page. Spots will be given on a first come, first served basis, with priority given to registered members.

Participants in this program will be required to socially distance and sign-in for contact tracing in case of a positive case of COVID-19. Members must be able to safely participate in the program concerning COVID19 procedures, without exception.

PROGRAM DESCRIPTIONS

*** Some Programs Require Registration ***

<p>**ASL (American Sign Language)** Thursdays 4:30-5:30 P.M.</p> <p>This program allows members to develop the skills and knowledge needed to communicate in American Sign Language. Members will learn the alphabet, numbers, family names and more.</p> <p><i>Registration required!</i></p>	<p>ASTOUNDING ARTISTS Mondays (Cadets) & Thursdays (Juniors) 5:30-6:30 P.M.</p> <p>In this program members will be able to explore themselves as an artist. Members will learn different types of arts along with being able to create their own portfolio for an end of session showcase.</p> <p><i>Registration required!</i></p>
<p>BOOK CLUB (CADETS) Thursdays 5:30-6:30 P.M.</p> <p>This program will introduce members to awesome books for emerging readers, to get them excited about books and reading, and to help them develop social skills through interacting with other members.</p> <p><i>Registration required!</i></p>	<p>CASTLE MASTERS Tuesday & Wednesday 4:30-5:30 P.M.</p> <p>Who will be the next Crestmont Castlemaster? It could be you! Castle Masters will be a combination of chess mini-lessons, tips & tricks, and various chess themed games to teach members how to become a master of the pawns.</p>
<p>CERAMICS Fridays 5:30-6:30 P.M.</p> <p>This Program will introduce students to building with clay. Emphasis will be placed on the design elements; line, shape, texture, and color. Focus will be on the hand building techniques; pinch, coil and slabs. Functional as well as sculptural applications will be explored.</p> <p><i>Registration required! *Max of 12 Members*</i></p>	<p>CLUB RIDERS (JUNIORS) Tuesdays 5:30-6:30 P.M.</p> <p>This program teaches bicycle safety, promotes healthy lifestyles, and exposes youth to the greater Bloomington community of which they are a part of.</p> <p><i>Registration required! *Max of 10 Members*</i></p>
<p>CLUB CRAFT (JUNIORS) Mondays 5:30-6:30 P.M.</p> <p>Minecraft at the Club? That's right! Members will log onto Minecraft: Education Edition and participate in challenges and activities focused on STEM, Social & Emotional Learning, History, Architecture and more!</p>	<p>CLUB TRIVIA Juniors-Tuesdays 5:30-6:30 P.M. Cadets-Thursdays 4:30-5:30 P.M.</p> <p>Test your knowledge of many different topics during Club Trivia! Members will participate in Kahoot or Jeopardy games based around the week's theme or member interests.</p>

<p align="center">COOKING CLUB (CADETS) Mondays 5:30-6:30 P.M.</p> <p>Bon Appetit! Buen Provecho! Velbekomme! No matter how you say it, enjoy your food!, learn to make good eats and treats in our cooking club.</p> <p align="center"><i>Registration required! *Max 10 Members*</i></p>	<p align="center">GARDEN CLUB Tuesdays 5:30-6:30 P.M.</p> <p>Through the Learn, Eat, Grow, & Go program members will go through an interdisciplinary program combining academic achievement, gardening, nutrient-dense food experiences, physical activity, and school & family engagement.</p> <p align="center"><i>Registration required!</i></p>
<p align="center">GOAL U Tuesdays (Cadets) & Thursdays (Juniors) 4:30-5:30 P.M. Partner Organization: IU Dept. of Public Health</p> <p>In the program the members will learn about a new nutrition topic and a new physical activity topic and participate in virtual demonstrations, activities, and games that reinforce lesson concepts and provide lots of opportunity for physical activity.</p>	<p align="center">GRO SKATEBOARDING Thursdays 5:30-6:30 P.M.</p> <p>Members in the Gro Skateboarding program will learn the basics of skateboarding safety, skill and maintenance. Members will be provided with skateboards and helmets to use during this program.</p> <p align="center"><i>Registration required! *Max of 10 Members*</i></p>
<p align="center">LEGO LEAGUE (JUNIORS & TEENS) Tuesday & Thursday 4:30-5:30</p> <p><i>"FIRST Lego League Robotics is the most accessible, guided, global robotics competition, helping students and teachers to build a better future together. The program is built around theme-based Challenges to engage children in research, problem solving, coding and engineering."</i></p> <p align="center">Partner Organization: NSA Crane</p> <p align="center"><i>**Participants MUST attend every session. The program will conclude in a Saturday COMPETITION**</i></p> <p align="center"><i>Registration required! *Max of 6 Members*</i></p>	<p align="center">MIDDLE WAY HOUSE (JUNIORS) Tuesdays 4:30-5:30 P.M.</p> <p>In Middle Way House's Elementary Prevention Program, students will play games, read books, complete crafts, and participate in discussions around social-emotional themes such as empathy, compassion, self-care, acceptance, friendship, and boundaries. Practicing these skills at this age helps young people to have healthy relationships throughout their life!</p>
<p align="center">MINDFULNESS Juniors-Tuesdays 5:30-6:30 P.M. Cadets-Thursdays 4:30-5:30 P.M.</p> <p>This program will explore the human brain and easy strategies for helping members focus their attention, improve their self-regulation skills, build resilience to stress, and develop a positive mind-set in both school and life.</p>	<p align="center">NEWSPAPER CLUB (JUNIORS) Wednesdays 4:30-5:30 P.M.</p> <p>Members will get the opportunity to explore their interests within media and publication: including writing, photography, and drawing. Through Newspaper Club, members will strengthen skills like confidence, leadership, creativity, story telling, and research by collaborating with a team of peers and instructors to publish their very own work to the Ferguson Crestmont Club's brand new newspaper cycle!</p>
<p align="center">NFL FLAG FOOTBALL Juniors-Mondays 5:30-6:30 P.M. Cadets-Tuesday 5:30-6:30 P.M.</p> <p>NFL FLAG is a fun and accessible non-contact football program available for girls and boys ages 5-17. NFL FLAG is the largest, most recognized flag football organization in the U.S.</p> <p align="center"><i>Registration required!</i></p>	<p align="center">RUGBY (3rd-6th Grade) Wednesdays 5:30-6:30 P.M. Partner Instructor/Organization: Coach Justin Goonan & IU's Rugby Team</p> <p>Members will learn to play non-contact Rugby from IU's players and coaches.</p> <p align="center"><i>The program will involve occasional field trips to Saturday Home IU Rugby Games.</i></p> <p align="center"><i>Registration required!</i></p>
<p align="center">Teach IT TBD Partner Organization: IU Teach IT</p> <p>Does your child love spending time on the computer playing games? Now they can learn and practice coding to design and build their own games! In TeachIT, kids learn valuable technical skills that will assist them in school and life.</p>	<p align="center">TRIPLE PLAY Mondays (Cadets) & Wednesdays (Juniors) 4:30-5:30 P.M.</p> <p>The goal of this program is to improve club members' knowledge of healthy habits, good nutrition and physical fitness. As weather permits, the program may include outdoor activities.</p>



FERGUSON CRESTMONT

2021 FALL PROGRAM GUIDE

September 7th - November 19th

Parent/Guardian(s) Name	
Parent/Guardian(s) Primary Phone	
Parent/Guardian(s) Email Address	
List Member Name(s) & Grade(s) Below to Register	
	ASL (American Sign Language) (CADETS) Thursdays 4:30-5:30 P.M.
	ASTOUNDING ARTISTS Mondays (Cadets) & Thursdays (Juniors) 5:30-6:30 P.M.
	BOOK CLUB Thursdays 5:30-6:30 P.M.
	CERAMICS Fridays 5:30-6:30 P.M. *Max 12 Members*
	CLUB RIDERS (JUNIORS) Tuesdays 5:30-6:30 P.M. *Max 10 Members*
	COOKING CLUB (CADETS) Mondays 5:30-6:30 P.M. *Max 10 Members*
	GARDEN CLUB Tuesdays 5:30-6:30 P.M.
	GRO SKATEBOARDING Thursdays 5:30-6:30 P.M. *Max 10 Members*
	LEGO LEAGUE (JUNIORS & TEENS) Tuesday & Thursday 4:30-5:30 *Max 6 Members*
	NEWSPAPER CLUB (JUNIORS) Wednesdays 4:30-5:30 P.M.
	NFL FLAG FOOTBALL Juniors-Mondays 5:30-6:30 P.M. & Cadets-Tuesday 5:30-6:30 P.M.
	RUGBY (3rd-6th Grade) Wednesdays 5:30-6:30 P.M.
	Teach IT TBD

PLEASE COMPLETE THIS SECTION FOR ENROLLMENT AND RETURN TO THE FRONT DESK

I do hereby give permission for my child(S) to participate in the Boys & Girls Clubs of Bloomington programs as specified above. I have reviewed the parent information for those special programs chosen and take responsibility for this information. My child and I accept full responsibility for his/her actions while at the Boys & Girls Club and understand that they may be asked to discontinue involvement if unsafe or negative actions are displayed. I understand my contact information may be shared with partners and instructors in order to share information about the programs for which my child is registered. I certify that my child is in good health and can participate in all activities I have registered for. In case of emergency, I hereby authorize the Boys & Girls Club of Bloomington staff to seek medical attention for my child in the unlikely event of an emergency in my absence. This includes shots, surgery, anesthesia or any other medical treatment. I hereby release the Boys and Girls Clubs of Bloomington, their officers, agents, employees and insurers from any present or future, personal injury or damage to property caused by or having any relation to this activity. I understand that this release binds my heirs, executors and administrators. I have read this release and understand all of its terms. I sign it voluntarily and with full knowledge of its significance. I understand that by registering my child, commitment to the program is important in order to gain the most from the experience.

Parent/Guardian Signature

Date