



Ellettsville Club

FA21 Session Teen Program Guide

September 7 - November 19

Dear Club Members and Families,

We are excited to present the Boys & Girls Club of Ellettsville After School Program Guide! This season we are excited to apply new skills and to learn even more about how to be Caring, Productive, Responsible, Respectful, and Safe.

Please use this guide to help inform you and your member(s) about what to expect while at the Club. All weekly programs that will be offered on a regular basis to Club members are FREE. Please note: Programs are subject to change or cancellation due to staffing or low attendance. Updates will be given in a newsletter, flyers sent home. Please feel free to contact a director with any questions or concerns.

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TEEN PROGRAM OVERVIEW

All Sixth graders and up are eligible for our Teen Center. The Teen Center includes more program options and leadership opportunities, as well as Teen Nights, phone time, Wii time and other special benefits. We encourage member input on how we can make our programs better and exciting, while still getting the curriculum done. We want the Teen members to feel that they can have a safe place to go and that their voice is heard while they are here. Being the oldest members in the club, we expect these members to hold themselves to higher standards and be leaders/ examples of how members should act. Members should understand that these amenities are privileges and can be taken away if members are not following the Teen Group Agreements and the Club Code of Conduct (CPRRS).

LEADERSHIP DEVELOPMENT PROGRAM (LDP) OVERVIEW

Information about the application process and further descriptions of requirements will be provided to those who express interest!

Junior Leader (Open to members in 6-8th grade)

The Junior Leader program provides middle school members with age-appropriate skill-building opportunities and hands-on Club work experience. They will work alongside Club-staff providing positive youth development in our K-5 programming. Along with this experience, Junior Leaders will participate in professional development and training to build their skills in the youth development field.

Leader-In-Training (L.I.T.) Internship (Open to high school members, 14 years old & up)

A L.I.T. **internship** provides our high school members, ages 14 and up, an opportunity to prepare for positions as program coordinators at the Club. Emphasis is placed upon developing leadership skills, sensitivity to children, and program skills. The **internship** comes with an award upon completion of 50 hours.

Coordinator-In-Training (CIT) Part Time Staff (Open to high school members, 14 years old & up, and must have completed **internship**)

Once teens have completed their **internship**, they move on to the next and final level of the LDP. This will be a paid position on our staff, using the tools & resources learned in the **internship**. Minimum two shifts per week is required but can be adapted to the members schedule. We understand that members will have practices or certain times of the year that work better for them to work, so we will find a plan for each individual.

WEEKLY THEMES - START **September 07**

Weekly themes will be integrated into the power hour activities each day. Weekly themes are announced at the beginning of each month through the Parent Email! Weekly themes for this session are as follows:

Week 1	Week 2	Week 3	Week 4	Week 5 (Fall Break)	Week 6
Pokemon	Among Us	Power Rangers	Fear Factor	Hogwarts Studies	BGCE Spirit Week

Week 7	Week 8	Week 9	Week 10	Week 11
Marvel Avengers	Hocus Pocus	Rep Your School Spirit Week	Adventure Time	Happy Thanksgiving

*****All Program Descriptions can be found on the following pages! *****
 ***** REGISTRATION FOR LDP & ALL CLUB SPECIAL PROGRAMS ON LAST PAGE. *****

TEEN TIME (2:30 PM - 3:00 PM)

Open Games Room: Snack, Phone Time, Open-Table Games (Pool, Carpet Ball, Foosball, Bumper Ball)

POWER HOUR or LDP HOUR (3:00 PM - 4:00 PM)

Power Hour is an academic time where our members are encouraged to complete homework and study. Also during this hour, we will be doing LDP programming for the Junior Leaders, LITs & CITs. Members participating in the LDP do not need to attend the lessons everyday, especially if they need time for homework or studying. Those members will be able to arrange with the Lead Teen staff their schedule and when they need to put school first.

Pod	Monday	Tuesday	Wednesday	Thursday	Friday
Teen Center	Torch Club	College & Career	Workforce Development	SMART Moves	LDP Catch Up Day

TEEN PROGRAM HOUR & POWER HOUR PLUS (4:00 PM - 5:00 PM)

During this time, teens will be provided with BGCA programs or to continue working on their homework. Junior Leaders, LITs, & CITs, are able to assist in Pods for K - 5 Power Hour.

Pod	Monday	Tuesday	Wednesday	Thursday	Friday
Teen Center	Healthy Habits	College & Career	Identity Club	Gaming League	ESports

ALL CLUB SPECIAL PROGRAM HOUR (5:00 PM - 6:00 PM)

Special Programs are consistent, progressive activities meant to build on each week's learning objectives. These programs will be offered from 5-6 p.m., Monday through Friday. During this time, there will also be non-progressive, drop-in options (not listed below). After the first 15 minutes, members will not be allowed to switch programs. This is to encourage responsibility and to stick with their commitment. If a member consistently asks to leave a special program mid-way through, they may not be allowed to choose that program in the future.

Registration for these programs is attached to this guide. If registered for the program, you may be contacted with updates. Programs are their best when members invest in their experience and attend as many sessions as possible. For this reason, attendance is expected. Descriptions can be found on the following pages of this guide. This schedule is not inclusive of all programs offered during this time. Other programs not listed will be open-program style.

There will always be an option that is for *Teens Only and it will be in the Teen Center. The other programs are joined with the K-5 programming, & teens are expected to be leaders/helpers if attending these activities. Junior Leaders, LITs, & CITs, are able to assist in special programs for more hours.

	Monday	Tuesday	Wednesday	Thursday	Friday
Teen Center	TEEN CHOICE	Talk It Out Club	Art Club	STEAM Club	TEEN CHOICE
Other K - 5 Rooms	Flag Football (3-Up) Torch Jr. Chess Club Makerspace Gymnastics (K-2) Mindfulness	Cooking Club (3-Up) Lego League (5-Up) Builders Club (K-2) Theatre Club Board/Card Club Debate Club Mindfulness	Rugby (4-Up) Teach IT Table Games Comedy Club Gymnastics (3-Up) Mindfulness	Triple Play Goal U (3-5) Artist Spotlight Myfutures Board/Card Club Voice Club Mindfulness	Cheerleading Recycling STEAM Club Art Club Skateboarding Club (3-Up) Mindfulness

OPEN PROGRAM SCHEDULE (6-6:45 PM)

During the 6-6:45 p.m. time frame, members will be allowed to float from activity to activity, with studio/open-style programs in each room (art, computers, playground, games room, etc). Unless specified, programs are meant for all Members.

BGCE PROGRAM BASICS

Mission of the BGCE Club

It is our mission, as the Boys & Girls Club of Ellettsville, to empower all youth to reach their full potential as caring, productive and responsible citizens!

Code of Conduct - CPRRS

Our code of conduct at the club includes 5 words that we believe help members reach their full potential!
Caring, Productive, Responsible, Respectful, Safe

Reports

Here is a list of the types of reports the Club uses to communicate with parents and document what happens at the Club! If a report is needed, we will communicate with the parent on the day the report was written and then email you a scanned copy of the report for your records.

- *Injury Reports* - If a member experiences a physical change while at the Club.
- *Incident Reports* - If a member experiences an emotional change while at the Club.
- *Positive Behavior Report* - If a member is being recognized for the good work they are doing.
- *Behavior Reports* - If a member has already received a verbal warning, this is the written warning and notification to parents of the behavior that is happening.
- *Discipline Reports* - If a member has already received a behavior report and is continuing the behavior, they will receive a discipline report. If a member receives several of these reports, parents will be notified of possible suspensions and eventually could become ineligible to be a member. Please note that there are some actions & behavior that may lead straight to suspensions or expulsion.

COVID -19 PRECAUTIONS

The Club continues to practice safety measures to keep members, staff, and the community safe. Here's what we're doing on a daily basis:




- *Health Screening*: All staff and volunteers are going through a COVID-19 health screen before entering the program space.
- *Hand Washing*: Members and staff are washing their hands frequently throughout the day, as well as washing their hands before and after eating, before and after using the restroom, and after being outside. Members and staff also have constant access to hand sanitizer in their program spaces.
- *Face Masks*: Masks are required at all times for staff, members, and anyone entering the building.
- *Social Distancing*: Members are encouraged to keep six feet apart from others and is being enforced by club staff.
- *Cleaning*: All restrooms are being disinfected between each use. Staff are equipped with cleaning supplies to disinfect all surfaces. A cleaning service cleans the club each evening as well.

PARENT COMMUNICATION

Parent Email: If you are currently not receiving the parent email each week, but would like to please email **Eric Yandl** at eyandl@bgcbloomington.org to be added to the email list. These emails include important information such as break days, summer programming, program highlights, and community resources.

Remind App Information: The EV Club uses the remind app for all drop-off and pick up communication. All members should be dropped off and picked up at the main entrance of the club. Please follow the instructions below to sign up for this recommended service!

LDP HOUR PROGRAM DESCRIPTIONS

<p style="text-align: center;">COLLEGE & CAREER</p> <p>This program provides a range of services to guide Club members as they work toward high school graduation and prepare for post-secondary education and career success. You can assess your readiness to attend college, explore areas of interest and potential career fields and set goals and make plans for the future. This program will be on Wednesdays during the 11am meeting.</p> 	<p style="text-align: center;">TORCH CLUB</p> <p>Torch Club gives the leaders the opportunity to develop their leadership skills that they are learning through their role at the Club. A goal of this program is to cultivate good character and effective life skills so they can become civically engaged and caring citizens.</p> 
<p style="text-align: center;">WORKFORCE DEVELOPMENT</p> <p>We will be taking lessons from all of these BGCA curriculums to fulfill our workforce development requirements. Each member will need to complete 10 sessions.</p> <ul style="list-style-type: none"> ● Goals for Growth ● Money Matters ● Digital Literacy ● Diplomas 2 Degrees ● The Ultimate Journey ● Goals for Graduation 	<p style="text-align: center;">SMART Moves</p>  <p>SMART Moves uses a team approach that involves Club staff, peer leaders, parents and community representatives. Young people ages 6 to 15 engage in discussion and role-playing, practicing resilience and refusal skills, developing assertiveness, strengthening decision-making skills and analyzing media and peer influence. The ultimate goal is to promote abstinence from substance abuse and adolescent sexual involvement through the practice of responsible behavior.</p>

TEEN PROGRAM HOUR AND POWER HOUR PLUS PROGRAM DESCRIPTIONS

<p style="text-align: center;">HEALTHY HABITS</p> <p>The goal of this program is to improve Club members' knowledge of healthy habits, good nutrition and physical fitness. Activities will include outdoor activities when the weather is good. This program is to promote the overall health of the mind, body, and spirit of each member.</p> 	<p style="text-align: center;">COLLEGE & CAREER</p> <p>This program provides a range of services to guide Club members as they work toward high school graduation and prepare for post-secondary education and career success. It will provide resources of general information, tips and strategies related to college search. Also included are worksheets and checklists to guide you in planning and preparing for college or higher education. You can assess your readiness to attend college, explore areas of interest and potential career fields and set goals and make plans for the future.</p> 
<p style="text-align: center;">IDENTITY CLUB</p> <p>This club is a combination of two BGCA Programs called Passport to Manhood and Smart Girls. We are combining the courses to allow open discussion about becoming young adults in society. Members can explore their own and societal attitudes and values as they build skills for mental & physical health, and develop positive relationships.</p> 	<p style="text-align: center;">GAMING League</p> <p>Think you are the best gamer in the club? Learn about the technology it takes to make a video game and then put your gaming knowledge to the test by competing against other members.</p> 
<p style="text-align: center;">Esports</p> <p>Esports allows kids to connect with other members from other clubs and gives them the ability to compete against other members in virtual sports and games!</p> 	

ALL CLUB SPECIAL PROGRAM DESCRIPTIONS

<p style="text-align: center;">FLAG FOOTBALL Monday (3rd-Teens)</p> <p>Members will have the opportunity to pass, throw, run, and score in this exciting new program. All participants will learn how to play flag football and demonstrate this by playing against other clubs.</p>	<p style="text-align: center;">CHEERLEADING Friday</p> <p>Run, jump, and spin into a new program that will offer members the chance to learn the fundamentals of cheerleading!</p>
<p style="text-align: center;">LEGO LEAGUE Tuesday (3rd-Teens)</p> <p>LEGO League is an intense lego building program where members will design their own robot to complete an obstacle course. This program will require participation in a tournament in November. Date TBD</p>	<p style="text-align: center;">ARTIST SPOTLIGHT Thursday</p> <p>In Artist Spotlight members will be focusing on different artists recognized for their skills and achievements in the visual arts.</p>
<p style="text-align: center;">MAKERSPACE Monday & Friday</p> <p>Exploring materials to come up with creative and unique items all made with our hands.</p>	<p style="text-align: center;">MY.FUTURE Thursday</p> <p>My.Future provides young people with a safe, fun digital platform they can use to learn, play, and socialize while at the Club.</p>
<p style="text-align: center;">CHESS Club Monday</p> <p>Learn to play chess and improve your chess skills! Club members can battle it out on the black and white board as they learn to enhance creativity, improve powers of concentration, decision making and more.</p>	<p style="text-align: center;">Builders Club Tuesday (K-2)</p> <p>uses engineering, architectural design, and construction management to creatively use legos and other materials in designing unique member built creations. Wait for the Rube-Goldberg designs at the end!</p>
<p style="text-align: center;">Torch Jr. (3 - 5th Grade) Monday</p> <p>gives youth the opportunity to develop their leadership skills through service to their Club and community. Younger adolescents will be provided positive group experiences that help them cultivate good character and effective leadership skills so they can become civically engaged and caring citizens.</p>	<p style="text-align: center;">Cooking Club Tuesday (3rd-Teens)</p> <p>Learn how to make different foods and treats in the cooking club. You will be learning different methods, tools, and ingredients to use at home.</p>
<p style="text-align: center;">GYMNASTICS MONDAY (K-2) & Wednesday (3rd-5th)</p> <p>Members will be learning the basics of gymnastics. Each session will be based on your age. This program will allow members to learn new tumbling skills, using a bar and balance beam.</p>	<p style="text-align: center;">GARDEN CLUB Wednesday</p> <p>Members will learn how to become a gardener! This program will include classroom instruction, games & activities, and a cooking component.</p>
<p style="text-align: center;">Theater Club Tuesday</p> <p>If you love to act, make up stories, and work with others! You will be introduced to a variety of improvisation games and learn skills you can use offstage too.</p>	<p style="text-align: center;">TRIPLE PLAY Thursday</p> <p>The goal of this program is to improve Club members' knowledge of healthy habits, good nutrition and physical fitness. Activities will include outdoor activities when the weather is good.</p>
<p style="text-align: center;">TEACH IT Tuesday Partner: Teach IT Staff</p> <p>Members will learn computing language, how programs work, and the utility of coding. This is an opportunity for members to learn what technology and computers have to offer outside of gaming.</p>	<p style="text-align: center;">Skateboarding Club Monday (3rd-Teens)</p> <p>Members in the skateboarding program will learn the basics of skateboarding safety, skill & maintenance. Members will be provided with skateboards and helmets to use during this program.</p>



Ellettsville Unit
FA21 EV Session Special Program Registration
September 7th- November 19th

Parent/Guardian(s) Name	
Parent/Guardian(s) Primary Phone	
Parent/Guardian(s) Email Address	
List Member Name(s) Below to Register 5:00 - 6:00 PM	
	Flag Football - 3rd-Teens, Monday
	Chess Club - K-Teens, Monday
	Makerspace - K-Teens, Monday & Friday
	Torch Jr. - 3rd-5th, Monday
	Gymnastics Club - K-2 Monday & 3rd-Teens Wednesday
	Teach IT - K-Teens, Tuesday
	Theatre Club - K-Teens, Tuesday
	Builders Club - K-2, Tuesday
	Lego League - 3rd-Teens, Tuesday
	Cooking Club - 3rd-Teens, Tuesday
	Garden Club - K-Teens, Wednesday
	Triple Play - K-Teens, Thursday
	Artist Spotlight - K-Teens, Thursday
	MyFuture - K-Teens, Thursday
	Cheerleading - K-Teens, Friday
	Skateboarding - 3rd-Teens, Friday

PLEASE COMPLETE THIS SECTION FOR ENROLLMENT AND RETURN TO THE FRONT DESK

I do hereby give permission for my child _____ to participate in the Boys & Girls Clubs of Bloomington programs as specified above. I have reviewed the parent information for those special programs chosen and take responsibility for this information. My child and I accept full responsibility for his/her actions while at the Boys & Girls Club and understand that they may be asked to discontinue involvement if unsafe or negative actions are displayed.

I understand my contact information may be shared with partners and instructors in order to share information about the programs for which my child is registered.

I certify that my child is in good health and can participate in all activities I have registered for. In case of emergency, I hereby authorize the Boys & Girls Club of Bloomington staff to seek medical attention for my child in the unlikely event of an emergency in my absence. This includes shots, surgery, anesthesia or any other medical treatment.

I hereby release the Boys and Girls Clubs of Bloomington, their officers, agents, employees and insurers from any present or future, personal injury or damage to property caused by or having any relation to this activity. I understand that this release binds my heirs, executors and administrators. I have read this release and understand all of its terms. I sign it voluntarily and with full knowledge of its significance.

I understand that by registering my child, commitment to the program is important in order to gain the most from the experience.

Parent/Guardian Signature

Date