



FERGUSON CRESTMONT UNIT

2021 Winter Program Guide

January 19 - March 12

Dear Club Members and Families,

We are excited to present the FCBGC After School Program Guide! We learned a lot last fall. This season we are excited to apply new skills and to learn even more about how to be Caring, Productive, Responsible, Respectful, and Safe.

Please use this guide to help inform you and your member(s) about what to expect while at the Club. All weekly programs that will be offered on a regular basis to Club members are FREE. Please note: Programs are subject to change or cancellation due to staffing or low attendance. Updates will be given in a newsletter, flyers sent home. Please feel free to contact a director with any questions or concerns.

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POWER HOUR (4:30 - 5:30 p.m.)

Power Hour is an academic time where our members are encouraged to complete homework or are provided an educational activity based on their grade level. These activities, while academic, are meant to be hands-on, engaging, and, yes, even **FUN!** Members can also complete homework or individual activities.

Pod (Grade)	Monday	Tuesday	Wednesday	Thursday	Friday
1 (K-1st)	Spots*	STEM	Spots	GOAL	FRI-YAY Activities: Makerspace Chess Free Art Just Dance
2 (2-3rd)	Triple Play	STEM	Careers	GOAL	
3 (3rd)	STEM	Triple Play	Bridges Language Program	Careers	
4 (4-5th)	Careers	STEM	Triple Play	Educational	
5 (5-6th)	Educational	Careers	STEM	Triple Play	
6 (6th+)	Money Matters	Art	STEM	Careers	Triple Play

* Spots are activity centers for members to play and engage in different subjects. These activities include puzzles, legos, math, writing, science, reading, etc.

SPECIAL PROGRAMS (5:30 - 6:30 p.m.)

Special Programs are consistent, progressive activities meant to build on each week's learning objectives. In the past, members have been able to choose where they would like to go for this hour but now we have set programming for each pod. To still give the members choices, we have provided three options similar to the set up for Power Hour. **Homework Help** is not a special program, but it is just an available space if members have homework not finished during Power Hour and can receive staff and older member assistance.

***** Program Descriptions can be found on the following pages! REGISTRATION ON LAST PAGE.*****

Option #1 - Club-Wide Program

Monday	Tuesday	Wednesday	Thursday	Friday
Cooking Club (Pods 1-3) Dance Ukulele	Girls Who Code Chess	SMART Girls Rugby (Pods 4-6) Homework Help	Girls Skateboarding Virtual Chess	Mindfulness First Tee (Pods 1-3) P.R.I.D.E. Club

Option #2 - Pod Special Program Activity

Pod (Grade)	Monday	Tuesday	Wednesday	Thursday	Friday
1 (K-1st)	Art Club	Triple Play	Read Along	My.Futures	Pod Choice
2 (2-3rd)	Art Club	Gym Activity	My.Futures	Games Room Tournaments	Pod Choice
3 (3rd)	Gym Activity	Art Club	My.Futures	GOAL	Games Room Tournaments
4 (4-5th)	Art Club	Games Room Tournaments	My.Futures	GOAL	Pod Choice
5 (5-6th)	Games Room Tournaments	Art Club	Homework Helpers	My.Futures	Pod Choice
6 (6th+)	Junior Leaders	Art Club	Games Room Tournaments	Diplomas to Degrees	Pod Choice

These programs require separate parent or guardian permission and may contain sensitive material or require regular and consistent attendance to be able to participate. Please speak with your child to see if they are interested in the program and turn in this registration page as soon as possible. Descriptions are listed on the next page. Spots will be given on a first come, first served basis, with priority given to registered members.

Participants in this program will be required to socially distance and sign-in for contact tracing in case of a positive case of COVID-19. Members must be able to safely participate in the program concerning COVID19 procedures, without exception.

PROGRAM DESCRIPTIONS

*** Some Programs Require Registration ***

<p align="center">ART CLUB Day varies per pod, 5:30 - 6:30 PM</p> <p>Members will get the chance to take a closer look at different artistic techniques, styles, and subjects! We will focus on one theme for 4-5 weeks at a time, giving members the ability to learn about and explore the topic in depth. Members will vote on themes for the semester.</p>	<p align="center">BRIDGES LANGUAGE PROGRAM Wednesday, 5:30 - 6:30 PM Partner Organization: IU Dept. of Literacy, Culture, and Language Education</p> <p>A fun, interactive program that teaches members languages less commonly taught in schools. Members will learn the language and culture through games, stories, crafts, and more!</p>
<p align="center">CHESS Tuesday & Thursday (Virtual), 5:30 - 7:00 PM</p> <p><i>Learn to play chess and improve your chess skills! Club members can battle it out on the black and white board as they learn to enhance creativity, improve powers of concentration, decision making and more. Tuesdays will be played online.</i></p>	<p align="center">***COOKING CLUB (PODS 1/2/3)*** Monday, 5:30 - 6:30</p> <p>Bon Appetit! Buen Provecho! Velbekomme! No matter how you say it, enjoy your food!, learn to make good eats and treats in our cooking club. <i>Registration required! *Max 8 Members*</i></p>

<p align="center">DANCE CLUB Monday, 5:30 - 6:30 PM</p> <p>Partnering Organization: Movement Exchange of IU</p> <p>Members will not only express their creativity and personality through dancing, they will also learn about equality and inclusion while enhancing their mental, social, and physical well being!</p>	<p align="center">DIPLOMAS 2 DEGREES Thursday, 5:30 - 6:30 PM</p> <p>diplomas2Degrees is a workforce development program. d2D helps teens develop both short- and long-term goals, while familiarizing them post-secondary education</p>
<p align="center">***FIRST TEE GOLF (PODS 1/2/3)*** Friday, 5:30 - 6:30 PM</p> <p>The First Tee is a youth development organization introducing the game of golf. This program helps shape the lives of young people from all walks of life by reinforcing values like integrity, respect, and perseverance through the game of golf. <i>Registration required.</i></p>	<p align="center">GIRLS WHO CODE Tuesday, 5:30 - 6:30 PM</p> <p>Join a safe and supportive environment of peers and role models where girls learn to see themselves as computer scientists. Learn the concepts of loops, variables, conditionals and functions that form the basis for all programming languages.</p>
<p align="center">***GRO SKATEBOARDING (GIRLS PROGRAM)*** Thursday, 5:30 - 6:30 PM</p> <p>Members in the Gro Skateboarding program will learn the basics of skateboarding safety, skill and maintenance. Members will be provided with skateboards and helmets to use during this program. <i>Registration required! *Max 10 Members*</i></p>	<p align="center">***JUNIOR LEADERS*** Day varies per role, 5:30 - 6:30 PM</p> <p>Junior Leaders train members 12 years old and up how to effectively lead children and give them the opportunity to serve at the Club in direct service roles that support our program leading staff. Examples of roles may be gym assistant, Club Buck store manager or front desk assistant.</p>
<p align="center">MINDFULNESS Friday, 5:30 - 6:30 PM</p> <p>This program will explore the human brain and easy strategies for helping members focus their attention, improve their self-regulation skills, build resilience to stress, and develop a positive mind-set in both school and life.</p>	<p align="center">MONEY MATTERS Monday, 4:30-5:30</p> <p>Money Matters: Make it Count teaches teens how to set goals, budget, save and invest. Teens who complete Money Matters will improve their financial management skills, including saving money and sticking to a budget.</p>
<p align="center">MY.FUTURES Day varies per pod, 5:30 - 6:30 PM</p> <p>My.Future provides young people with a safe, fun digital platform they can use to learn, play, and socialize while at the Club.</p>	<p align="center">POD CHOICE Day varies per pod, 5:30 - 6:30 PM</p> <p>This space is set aside for members to work with their pod lead to create a program special to the pod. Could be a Cat Club, Dungeons & Dragons or even Tik Tok Tournaments!</p>
<p align="center">***P.R.I.D.E Club*** Friday, 5:30-6:30</p> <p>People Respecting Individual Diversity and Expression: an open, member led discussion space for members to be themselves and learn about others!</p>	<p align="center">RUGBY (PODS 4/5/6) Wednesday, 5:30 - 6:30</p> <p>Partner Instructor/Organization: Coach Justin Goonan & IU's Rugby Team</p> <p>Members will learn to play non-contact Rugby from IU's players and coaches.</p>
<p align="center">***SMART GIRLS (8-11 YEAR OLDS ONLY)*** Wednesday, 5:30 - 6:30 PM</p> <p>Small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls ages 8 to 11. Club girls explore their own and societal attitudes and values as they build skills.</p>	<p align="center">TEACH IT (PODS 2/3/4) Wednesdays</p> <p>Partner Organization: IU Serve IT</p> <p>Does your child love spending time on the computer playing games? Now they can learn and practice coding to design and build their own games! In TeachIT, kids learn valuable technical skills that will assist them in school, future jobs, and much more!</p>
<p align="center">TRIPLE PLAY Day varies per pod, 4:30 - 5:30 PM</p> <p>The goal of this program is to improve club members' knowledge of healthy habits, good nutrition and physical fitness. As weather permits, the program may include outdoor activities.</p>	<p align="center">***UKULELE (PODS 3/4/5)*** Monday, 5:30 - 6:30 PM</p> <p>Members will learn the basics of playing the ukulele in a group setting. Members will have the opportunity to show off their skills at the Arts Showcase at the end of the semester! Ukuleles will be provided by The Club. <i>Registration required! *Max 7 Members*</i></p>



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Parent/Guardian(s) Name	
Parent/Guardian(s) Primary Phone	
Parent/Guardian(s) Email Address	
List Member Name(s) & Grade(s) Below to Register	
	COOKING CLUB - Pods 1/2/3 ONLY - Monday 5:30-6:30 PM
	FIRST TEE GOLF - Pods 1/2/3 ONLY - Friday, 5:30-6:30 PM
	GRO SKATEBOARDING - Girls ONLY- Thursday, 5:30-6:30 PM
	JUNIOR LEADERS - Pod 6 ONLY - Varies
	SMART Girls - (8-11 year olds) - Wednesday, 5:30 - 6:30 PM
	P.R.I.D.E CLUB - Friday, 5:30-6:30 PM
	UKULELE - Monday, 5:30 - 6:30 p.m.

PLEASE COMPLETE THIS SECTION FOR ENROLLMENT AND RETURN TO THE FRONT DESK

I do hereby give permission for my child _____ to participate in the Boys & Girls Club of Bloomington programs as specified above. I have reviewed the parent information for those special programs chosen and take responsibility for this information. My child and I accept full responsibility for his/her actions while at the Boys & Girls Club and understand that they may be asked to discontinue involvement if unsafe or negative actions are displayed. I understand my contact information may be shared with partners and instructors in order to share information about the programs for which my child is registered.

I certify that my child is in good health and can participate in all activities I have registered for. In case of emergency, I hereby authorize the Boys & Girls Club of Bloomington staff to seek medical attention for my child in the unlikely event of an emergency in my absence. This includes shots, surgery, anesthesia or any other medical treatment.

I hereby release the Boys and Girls Clubs of Bloomington, their officers, agents, employees and insurers from any present or future, personal injury or damage to property caused by or having any relation to this activity. I understand that this release binds my heirs, executors and administrators. I have read this release and understand all of its terms. I sign it voluntarily and with full knowledge of its significance.

I understand that by registering my child, commitment to the program is important in order to gain the most from the experience.

Parent/Guardian Signature

Date